

PHYSICAL EDUCATION XPO

# PE XPO 2024

Dear PE Department/Sports Teacher/TY Coordinator,

We would like to invite entries from your school for the 10th annual PE Expo on **Thursday 2nd of May 2024** at the **Sport Ireland Campus**. Students will demonstrate their knowledge and understanding in one of the following category titles:

1. **Physical, Psychological and Tactical Demands of Performance**
2. **Power of Sport- Culture, History and Inclusion**
3. **Well-being- Physical, Mental and Social**
4. **Technology and Media**
5. **Nutrition and Diet**
6. **Olympic Ideas and Values**
7. **My favourite Olympian (First years only)**

Entries must be received by **Saturday, April 20th 2024** – (20/04/24)

**Two age groups:** Junior (1st, 2nd and 3rd Years) and Senior (TY, 5th and 6th Years)

Students can enter individual or group projects, with a maximum 5 of students per group project. Students must wear school uniforms on the day of the competition.

**Entry cost:** €20 per student.

**Date and Venue:** The competition will take place on **Thursday, 2nd May 2024** at the **Sport Ireland Campus, Abbotstown, Dublin**

Invited judges will select the best Overall Junior and Senior exhibition that will win **€250** respectively, and medals and trophies will be awarded for each of the seven categories.

### Format of the Competition Day

08.30 am – 10.00 am – Set up Exhibitions

10.00 am – 13.00 pm – Presentation of Exhibitions

13.00 pm – 14.00 pm – Q & A Session

14.00 pm – 15.00 pm – Awards Ceremony

Enquiries about PE Expo 2023 can be made by email at [pexpoireland@gmail.com](mailto:pexpoireland@gmail.com) or by visiting our website [pexpoireland.com](http://pexpoireland.com). If you require information by phone contact **Paddy O'Reilly** on **(086)1743836**.

Applications can be made on our website homepage by clicking the "ENTER NOW" button. We look forward to hearing from you and seeing your exciting entries.

Kind regards,  
The PE Expo Committee

